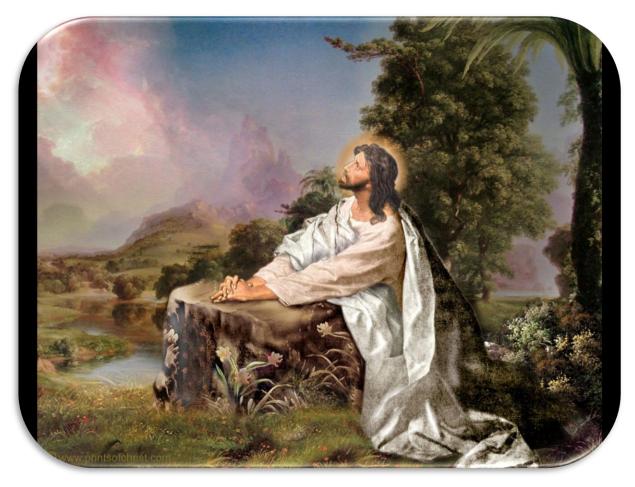
Prayers



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Prayers for Sickness

- O LORD, rebuke me not in your anger, nor discipline me in your wrath. Be gracious to me, O LORD, for I am languishing; heal me, O LORD, for my bones are troubled.³ My soul also is troubled. But you, O LORD—how long?⁴ Turn, O LORD, deliver my life; save me for the sake of your steadfast love.⁵ For in death there is no remembrance of you; in Sheol who will give you praise? ⁶ I am weary with my moaning; every night I flood my bed with tears; I drench my couch with my weeping.⁷ My eye wastes away because of grief; it grows weak because of all my foes.⁸ Depart from me, all you workers of evil, for the LORD has heard the sound of my weeping.⁹ The LORD has heard my plea; the LORD accepts my prayer.¹⁰ All my enemies shall be ashamed and greatly troubled; they shall turn back and be put to shame in a moment. Psalm 6
- Father, you will not leave me alone, for You are near. I may have affliction, but You deliver me. You are so loving and faithful. So, I look to You now, Father, keep these bones. I ask for healing and give You every ounce of glory. In Jesus' name, Amen
- Lord, When I do not deserve it, you are gracious to me. Thank You, loving Father, for Your faithfulness and compassion. My body is troubled now, though, Lord. Forgive me. Pour out your mercy. Heal me in the way that only You can. Turn my enemies back in shame. Praise be to You, God Most High. In Jesus' name I make this request, Amen.
- God, you are my refuge. I run to You. You are my Lord. There is no other. Preserve and strengthen me as I face this battle. You are my portion and my cup. In You, I have a beautiful inheritance—this I will remember. Because of You, I will not be shaken. I feel certain. Heal and strengthen me now, good, good Father. In Jesus' name, Amen.
- "Be merciful to me, Lord, for I am in distress; my eyes grow weak with sorrow, my soul and body with grief." "But I trust in you, Lord; I say, 'You are my God.' My times are in your hands." Psalm 31:9, 14-15
- Dear Heavenly Father, I come to You with this very serious illness, asking for You to do a healing miracle in my body, for Your Son Jesus said that everything is possible for one who believes. Help me overcome any vestiges of unbelief and purify my faith so that I lean in on You in firm confidence that You will heal me, to the glory of my Savior. Amen.

- Dear Jesus, I come to You in faith for the healing of this disease, and I count on Your answer. I believe I have received what I am asking for. Lord, I believe my healing has already happened. I pray with perseverance, and I will continue to pray until all the symptoms leave my body. My faith will strongly persist in prayer until Your answer comes. Thank You even now, for restoring me to perfect health. Amen.
- Dear Lord, you are the God of the Impossible! There is nothing You cannot do. I come to You now, desperate for a healing miracle. I ask for Your complete and total healing of every cell in my body. I believe that You are going to do this, to the glory of Jesus' name. This sickness has brought many days and months of suffering, but joy comes in the morning. Hallelujah! Amen.
- Dear Heavenly Father, I thank You for Your deep and boundless love, that You sustain me on my sickbed. I trust you to restore me and raise me up to full health. Thank You for sending Your own Son as a sacrifice for my sin and sickness. Since You are for me, I know that nothing can be against me. Overwhelming victory is mine through Your Son, Jesus Christ. Amen
- My God, my Healer, I praise You, for You have regarded the prayer of the destitute. I thank You for looking down from Your holy heaven, for hearing the groaning of this prisoner of terminal disease. You set free those who have been doomed to death. When fear surrounds me, I look to You, my miracle-working Savior. My faith in You has no borders. Please grant deliverance from this deadly illness and bless me with the fullness of health. Amen.
- Lord, you are my Strength, and all power belongs to You. I pray for a strong and vigorous body that can easily do hard work, engage in exercise, and has a strong resistance against illness. I thank You that as I trust in You, I find new strength, and soar high like an eagle. I will run and not get weary; I will walk and not faint. I thank You that I am Your creation, and You watch over me. Amen.
- O God, my Salvation, I pray that You will be my strong defence against this virus that is devastating the health of so many and even bringing death to thousands. I stand on Your Word that as I trust in You, the Sun of Righteousness will arise with healing in His wings. Set a guard around me and my loved ones and give us immunity to this dread disease as we delight in You. Amen.
- Father God, I never imagined that I would get this virus. I trust you, but I confess I am afraid of the unknown. I do not know how bad my symptoms will get, and I hate knowing I might have infected other people before I knew I was sick. You are the Great Physician, and so I pray for healing. I pray I do not end up in the hospital and I

pray that I did not spread this to other people. Give me courage to face the day. Give me the self-discipline to rest and take care of my body while I am recovering. Help me to praise you, even in this storm. Help me to glorify you with my attitude even in this trial. Help me to spread hope, not fear. Remind me that while I do not know what my future holds, I know who holds my future. Amen

Prayers for Hard Times

- Lord, I feel helpless in the face of my circumstances. In my time of trouble, hear my cry and keep me safe from all harm. Send help from heaven and strengthen me. I know you will rescue me and answer me, and I will raise a banner of victory in the name of my God. I will rise up and stand firm. I give thanks and praise to You, my God, and my Redeemer, mighty to save. Amen.
- Heavenly Father, I am desperate, please hear my prayer. With man, this may be impossible, but with God all things are possible. Please make all my plans succeed, clear away these obstacles and make my path smooth. Thank You for answering all my prayers and taking action to bring me victory with Your great power. I boast in the name of the Lord my God. Amen.
- God of heaven's armies, rescue me from this perilous situation. Deflect these arrows that are aimed at me. Rise up in power. May Your strong right hand lift me to a place of security. I thank You for granting my request. Oh, Most High, I know Your unfailing love will keep me from stumbling. Thank You for Your eternal blessings and the joy of Your presence. Amen.
- My Good Shepherd, in this time of distress and despair, I ask that You walk close beside me through this dark valley. Protect and comfort me, renew my strength, and guide me along the right path. I will not be afraid when You are with me. I have all that I need, for You are my great provider. Your goodness and unfailing love will pursue me all the days of my life. Amen.
- Mighty God, I come to You with a seemingly hopeless situation. I need help, fast! Point out to me the road to follow, for You are the God who saves me. I put my hope in You. Remember me in the light of Your compassion and unfailing love. Turn to me and have mercy, for I am in deep distress. My problems go from bad to worse; save me from them all. Thank You, blessed Savior. Amen.

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- God of my Rescue do not ignore my cry for help. Please listen and answer me, for I am overwhelmed by my troubles. My heart pounds in my chest and I cannot stop shaking. I know you can turn this hopeless situation around. You deliver me from my troubles and help me triumph against the most impossible odds. Morning, noon, and night I call on You Lord, and I thank You that You hear my voice. Amen.
- The LORD is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul. He guides me along the right paths for his name's sake. Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil, my cup overflows. Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever." Psalm 23:1-6
- I lift up my eyes to the mountains— where does my help come from? My help comes from the LORD, the Maker of heaven and earth. He will not let your foot slip— he who watches over you will not slumber; indeed, he who watches over Israel will neither slumber nor sleep. The LORD watches over you— the LORD is your shade at your right hand; the sun will not harm you by day, nor the moon by night. The LORD will keep you from all harm— he will watch over your life; the LORD will watch over your coming and going both now and forevermore." Psalm 121:1-8
- Jesus, please be in the hearts and lives of all those who are suffering. Bring healing to those who are enduring pain. Bring value to those who are disregarded. Bring joy to those in great sorrow. Bring hope to those that have nothing to live for. Bring provision to those who are hungry. Bring shelter to those without a home. Bring community to those who are lonely. Please use and prompt me to be your hands of love across a hurting world. Amen.

Prayers for Forgiveness

• Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my transgressions. Wash me thoroughly from my iniquity and cleanse me from my sin! For I know my transgressions, and my sin is ever before me. Against you, you only, have I sinned and done what is evil in your sight, so that you may be justified in your words and blameless in your judgment. Behold, I was brought forth in iniquity, and in sin did my mother conceive me. Behold, you delight in truth in the inward being, and you teach me wisdom in the secret heart. Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow. Let me hear joy and gladness; let the bones that you have broken rejoice. Hide your face from my sins and blot out all my iniquities. Create in me a clean heart, O God, and renew a

right spirit within me. Cast me not away from your presence and take not your Holy Spirit from me. Restore to me the joy of your salvation and uphold me with a willing spirit. Then I will teach transgressors your ways, and sinners will return to you. Deliver me from blood guiltiness, O God, O God of my salvation, and my tongue will sing aloud of your righteousness. O Lord, open my lips, and my mouth will declare your praise. For you will not delight in sacrifice, or I would give it; you will not be pleased with a burnt offering. The sacrifices of God are a broken spirit; a broken and contrite heart, O God, you will not despise. Do good to Zion in your good pleasure; build up the walls of Jerusalem; then will you delight in right sacrifices, in burnt offerings and whole burnt offerings; then bulls will be offered on your altar. Psalm 51

- Lord Almighty, I am seeking you with all of my heart. Please accept my naive soul asking for Your guidance. Without a doubt, you have loved me with no conditions. Father, you fed me when my stomach was empty, you gave me shelter when I was homeless, you healed me and watched out for me when I was sick. Nevertheless, I grew cold and sinned against You. Because of this, I beseech Your forgiveness and guidance to guide my way back in Your Words. This I ask in Jesus' Name, Amen.
- Lord, it is You who is merciful and loving. For this reason, I am asking for Your guidance to close my eyes when the temptations of vengeance and grudge present themselves before me. Above all, I wish not to anger You, my Lord. I trust in You, and I wish not to separate from Your plans. By Your Words, I do not feel the need to place blame on others or hold hate within my heart. Therefore, I pray that You guide me as I wish to be under Your Mercy. In Jesus' Name, I pray. Amen. (Micah 7:18)
- Almighty Father, before I ask for Your forgiveness, I would like to take the time to express my gratitude towards Your mercy. Like a father showing compassion to his children, you never ran short of patience and love. Like the vast distance of Your Heavens to Earth, Your Mercy is immeasurable. Without a stain of doubt and a record of wrongs, You, the Father, the God, and the Refuge of all, insists on forgiveness. Therefore, I am humbly asking for Your forgiveness as I strive on becoming an obedient child to You and Your Heavenly Kingdom. Amen. (Psalm 103: 10-14)
- Lord, because of the sins I committed, I present my faults to You. I acknowledge my lapses and my ignorance. At this time, I acknowledge my transgressions to You. Lord, I am sinful, and I am lost. With this, I ask of Your forgiveness to free me from the chains of my sins and my dark past. I seek Your intervention to lead me to the Light and to hear Your Voice in my daily life and the years to come in my life. Undoubtedly, my eyes bare no sight without You. My Lord, I adore You and therefore, I seek Your Mercy. Amen.

- Lord, Merciful Father, I have sinned against You. Because of my human desires, I caused You pain. Because of the temptations I followed, I wronged You. Father, I confess all of my lapses to You. I do this for one thing and that is for Your forgiveness. I do not wish to live a life opposite to Your Words. Most importantly, I do not want to stray away from Your Holy Presence. Father, take my apologies and gratitude in hopes of purifying all my sins. In Jesus' Name, I pray, Amen.
- My God, I am sorry for my sins with all my heart. In choosing to do wrong, and failing to do good, I have sinned against You whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more, and avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In His name, my God, have mercy.
- God, before me, I face bitterness, anger, and rage. In my thoughts and my words, I have sinned. Lord, please teach me how to be kind and tender. Personally, I do not wish to deviate from Your Ways. As much as possible, I do not want to sin against my brothers and sister. Therefore, Lord, I am seeking You. Call me in my darkest days and place me in Your wings. Please accept this prayer for forgiveness of mine. In Jesus' Name, I pray. Amen.
- Lord God, heavenly Father, we all like sheep have gone astray, led away from the right path by Satan and our own sinful flesh. Graciously forgive us all our sins for the sake of your Son, Jesus Christ and awaken our hearts by your Holy Spirit, that we may abide in your Word and in true repentance and a steadfast faith continue in your Church to the end and obtain eternal salvation; through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one true God, now and forever Amen.

Prayers for Strength

- Father, I am so tired of trying to weather the storms of life on my own. I need Your power and strength to face each one. Please teach me to turn to You first. Help me learn to patiently endure the hard times and honour You in the midst of them as I walk by <u>faith</u>. In Jesus' name, Amen.
- Lord, I thank You for this word from You that has spoken so directly into my life today. It is true that I feel very alone and trapped in the situation I am facing right now. I do not know what to do, what step to take, what to say, or where to turn. I have tried to give the problem to You, but in some way, I have continued to carry part of the load by myself, and it is starting to break me. Right now at this very moment I am throwing the full weight of my burden and cares on Your huge shoulders! I thank

You for taking this burden from me and for filling with me the strength I need to press through this time in my life! I pray this in Jesus' name!

- Father, I want to be a woman of faith, but I am so weak and so often afraid. Today, I choose against fear. Instead, I choose to believe You and Your Word. Please help me learn how to reject the lies of the enemy and celebrate the absolute truth of Your Word. In Jesus' name, Amen.
- All-powerful God and Father, I pray that you give my family strength. In difficult times and in times of plenty, help us to grow closer to you in your holy word. May I set a good example for my children so that they may know your love and goodness. Amen.
- Dear Lord, I praise You for being with me in good times and bad. You are the God who saves. Your Word says You delight in me and rejoice over me with singing. I invite You to fill me with Your joy, which is my strength. Amen.
- Jesus, I need your strength and power in my life. I know apart from you; I can do nothing. I acknowledge the areas in which I feel weak and acknowledge I need to fully rely on you. Give me strength and power that I know can only come from you. Amen.
- God my Strength, you hold the rest that I need. Thank You for reminding me that I can always come to you and trade in my exhaustion for Your rejuvenation. Please restore my soul. Amen.
- God, I am not sure which direction you have planned for my life. I appear to have reached a crossroads in which an important decision must be made. I pray you give me the strength to press on in the midst of this decision. I also ask that the Holy Spirit guide me and help me to navigate through a mirror I see dimly in right now. Amen
- I ask for your <u>healing</u> over every part of my life physically, emotionally, mentally, and spiritually. I ask that you would make me strong and resilient for the days ahead. I know that you have great purpose for those who believe in your name. I lean fully on you Lord, for You alone are able. I <u>love</u> you; I need you this day, and always. In Jesus' name, Amen.
- Lord, thank you that our comfort abounds through Christ. Nothing in the world can bring us the comfort and <u>peace</u> that you alone can offer. Thank you that you understand our trials, and you care. Through our own struggle and pain, help us to be your vessels to offer comfort and <u>strength</u> to others who are hurting. Thank you, Lord, that through every weakness and hard place, your strength is displayed in our lives.

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We cannot do it on our own. But you can, through us. Your power is Mighty within us, you are our Helper and our Strength. All things are possible through you.

- Lord, I am weary and do not know when this "race" will end in my life. I feel like I have been running forever, trying to outrun this trial. Help me to stop trying to outrun my pain but rather run with endurance the race you have set before me. I know that because of you I am ultimately a victor over the trials in my life. I know that nothing in this world can separate me from your steadfast <u>love</u>. Please give me a measure of your love today; give me the <u>strength</u> to endure this trial. Thank you for your love for me that never ends! And thank you for the crown of joy that awaits me forever in your Kingdom! In Jesus' name, Amen.
- All-Powerful Father, the ways of the world have crushed my soul. All the days of my life, I look to the heavens. I want to know why You allow Your servant to suffer in this way. Lest I lose my faith, I ask for strength to continue to trust You and walk in Your ways. Speak life into my heart with Your healing words so that my heart yearns for truth and righteousness. Let Your will be second nature so that all my actions are pleasing to You. Amen.
- O Lord, be our Sanctifier and the Shepherd. Strengthen and help us, that in our daily life walk with you, we serve you in all quietness of spirit, through Jesus Christ our Savior. Amen.

Prayer for Obedience

- Lord Jesus, you have proclaimed that if we love You, we will keep Your commandments. To walk with You is to avoid sin. We must always be killing sin, lest it rises and kills us. Therefore, give me a willing and able desire to follow You. Wherever it may take me, let me follow You as a lamb follows his/her shepherd. In Your holy name, I pray. Amen.
- Oh God of my Salvation, even though I prove time and time again to be disloyal, sinful, and faithless, you are always faithful. You remember the covenant You made with Your servant Israel, and You will not forsake her. Therefore, help me to walk faithfully toward You. Even if I do not want to, change my heart so that my desires are only to know You more. Amen.
- Jesus, our Great Redeemer, when You came into our flesh to take our place upon the cross, you did so not to be served, but to serve. I long so much to love in this perfect way. Take my heart and cleanse it of all sin. Make it completely new. Mold me into a humble servant and make me a slave unto Your righteousness. In Your precious name. Amen.

- Righteous Savior, I struggle so much with pride. My arrogance is my biggest downfall, and I know not what to do about it. I want to swallow my pride and to become more like You. Bring me a newfound humility. Let the scales fall from my heart so that I can keep my pride in check. Lord, in Your mercy, hear my prayer. Amen.
- Father, we are not of this world system but have a heavenly inheritance, reserved for us in heaven, and so I pray that I will no longer be conformed into the pattern of this world and squeezed into its mould, but day by day be increasingly transformed into the image and likeness of the Lord Jesus Christ.Help me to take every thought captive and to surrender my heart and life to You in true obedience and godly humility. May we who are Your children be drawn closer to each other and to You as You do a good work in each of our lives. Build us up into a spiritual house I pray, where Christ is the cornerstone and may Your indwelling Holy Spirit, prompt and guide us, encourage, and train us. Lord, I surrender all I am to You today and pray that I may walk in newness of love and humble obedience all the days of my life. In Jesus' name I pray, AMEN.
- Dear Heavenly Father, I want to live godly in Christ Jesus and I ask that You help me to develop an attitude of obedience to Your will and an increasing trust in Your Word.
- Help me to grow in grace, and to develop the right godly practice and scripture purpose in life, so that You are lifted up in my heart and glorified in all I do. May I learn to praise You without ceasing and to develop an attitude of prayfulness and help me to be obedient to carry out all that I am called to do as a child of God so that You increase as I decrease.
- Thank You, God, that You are my Saviour. Thank You, Father, for Your Word of Truth and thank You, Lord, that You desire to transform all Your children into the image and likeness of the Lord Jesus, as we depend on You for all things. Father, I want to live a godly life and live in humility of heart and in obedience to Your Word. Lord, the eyes of my heart are on You and my confidence is in Your Word. Inspire, convict, teach and correct me I pray, through the Scriptures, and may I develop a teachable and correctable spirit, in submission to the leading and guidance of Your Holy Spirit. Help me to look into the mirror of Your Word and let its truth search out areas in me that need to be rooted out. May I grow in humble obedience to Your ways and help me to reflect the love of the Lord Jesus in my walk and word. I ask this in Jesus' name, AMEN.

• Lead me Lord, in the righteous path that You would have me go and help me not to rely on my own human knowledge and strength but help me to depend implicitly on Your godly wisdom and power, knowing that we do not fight against flesh and blood but against principalities and spiritual powers in high places. Lord, I know that I am not to live by worldly might or fleshly power but by Your Spirit, and so help me I pray, to stand against the evil tactics of the enemy and to withstand his fiery darts and satanic strategies. Endue me with the spiritual wisdom to fight the fight of faith in my life, and may I obediently stand firm in the evil day, looking to Jesus, the author and finisher of my faith as I abide in Him and He in me. It is in His name that I pray. Amen.

Prayers for Family

- Lord God of Increase, the happiness of the family is crucial to its health and wellbeing. A family flourishes and multiplies better when their familial life is happy. Hear this Lord and take this into account. Let happiness and contentment arise in our home. Help us to love and to relate to one another in a way that honors You and brings glory to Your name. Amen.
- Oh, Jesus, my Great Healer, you are deeply moved when You see Your people suffering. You desire the healing and salvation of all. You weep over the broken creation that is sick with sin. As my family is stricken with disease and other maladies, I beg You to come and heal us. Speak the words of restoration to our bodies, that we may be healed of our infirmities, and can live in peace with You and one another. In Your almighty name, Amen.
- Most Merciful God, to get through this life, all people need to have hope. My family is struggling to find any semblance of something to look forward to. We are mentally and emotionally at the end of our rope. Our faith is waning, and our motivation is running dry. O Lord, come and resurrect our souls. Let us burst forth in new life. Help to kindle hope in our hearts and peace in our home as we look forward to Your return in glory. Amen.
- God, my Fortress, you have taught us that faith is not something we do, but is a gift given by Your good nature. Because all faith derives from Your grace, I ask that You continue to provide this household with a strong and stable faith. Help us to look to You for all of our needs and desires. Bring us true happiness and concord, so that our family grows in faith. Amen.

- God of Blessing, send Your Holy Spirit to work within my family to live harmoniously according to Your word. Do not withhold Your blessing from us, but let this family bring forth much fruit. Look upon us as a great vineyard. Work within us as a gardener works in the field, so that You may grow a wonderful harvest. Amen.
- O Mighty God, it is for freedom that Christ came. I am redeemed from the curse of the law. I stand firm in this verse, and I pray that every generational curse in my lineage has no power over me. I pray that every curse spoken, written, or transferred to me is broken by the blood of Jesus. Poverty, sickness, and family idols are not my portion. I choose to walk in the freedom that Christ bought for me. In the name of Jesus, Amen.
- Lord, Creator of Heaven, and Earth, I thank you for sending your only Son to die on the cross for us. Through his sacrifice, we have been set free from any manner of captivity. I pray to you that you break me and my future generations from any agreements, vows, commitments, and contracts that my family and I made knowingly or unknowingly with the forces of darkness. Today, I renounce these agreements, in the name of Jesus. I pray that you set my family free. In Jesus' name, I pray, Amen.
- Lord Jesus, the Great Physician, I worship You today, for You are the God who forgives all sins and heals all our diseases. Jesus, our family has been facing attacks from the enemy in the form of sickness and disease. Your word says that by Your stripes, we are healed. We come against every attack from the camp of the enemy, and we command every sickness and disease to dry up by its roots. Heal us, dear Jesus, and we shall be healed, for You are the one we praise. I pray for healing, wholeness, and restoration for every member of this family. In Your merciful name, we pray. Amen.
- Our Father God, we come before You today to ask for Your protection over our families. Let no trouble fall on them today. Keep them away from accidents. O Lord, allow no evil to influence their hearts. Cover them with the precious blood of Christ. Protect those we love, Lord God. Take charge of them so that they do not strike their foot against a stone. Let our devotions to You bring us down the right path. God's will be done, Amen.
- Heavenly Father, You're our ultimate source of strength. When we are weak, You're strong. You lift us up when we are down. You renew our strength, and we soar on wings like eagles. Thank You, God, for always raising us up with Your mighty hands. In our times of trials and troubles, God, we look to You. Life can hand us many different challenges that we know we cannot face on our own. But with You, O God, nothing is impossible. You will always grant us the endurance to overcome any obstacle that may come our way. You are our strength when we are weak, God. And we are always

grateful when You manifest Your power through our lives. All these we pray in Your Name, Amen.

- Heavenly Father, thank You for renewing our hearts and minds. Thank You for sending Your Spirit to us so that we may express Your love to our families. We are also grateful to You forgiving us our loved ones. There are times in our families when we fight and bicker with each other. There are times when we let anger, strife, and bitterness rule over our hearts, and because of this, we end up hurting our families. We ask for You to forgive us, loving Father, for these sins against our own families. Change our hearts and make them truly loving. Humble us, Lord, so that we may seek forgiveness without pride. We ask You to heal the wounds in their hearts as well. Touch their hearts that they may accept our pleas for forgiveness. In the name of Jesus Christ, Amen.
- Dear Lord, we are very thankful to You, God, for the good times we have with our families. Thank You for allowing us to enjoy each other's company. Thank You for giving us time to spend with them each day. In Jesus' name, Amen.
- Heavenly Father, You are our ultimate source of strength. When we are weak, you are strong. You lift us up when we are down. You renew our strength, and we soar on wings like eagles. Thank You, God, for always raising us up with Your mighty hands.
- How strong our bonds are with our families depends on You, Lord. Which is why we ask You to always be the centre of our family relationships. Enable our families to be as a triple-braided cord that cannot easily be broken. Let Your Spirit fill our hearts so we can **love** each other just as Christ loves us.
- In our times of trials and troubles, God, we look to You. Life can hand us many different challenges that we know we cannot face on our own. But with You, Father God, we believe that nothing is impossible. We believe that You will always grant us the endurance to overcome any obstacle that may come our way.
- You are our strength when we are weak, God, and we are always grateful when You manifest Your power through our lives. All these we pray in Your Name, Amen.

Prayers for Marriage

- Father, I come before You today because I desire my marriage to become closer. I want the connection and the bond I have with my spouse to grow closer still in Jesus Name.
- Lord, please increase the intimacy that we have together whose marriage is cantered around You and Your Word. I thank You, like I have many times, that I do have a blessed marriage.
- Holy Spirit, please lead and guide us in every moment when it comes to how we should treat each other. Show us if there is anything we are doing that is hindering us from stepping into a stronger marriage. If there is any area where respect and trust is lacking, please reveal this to each of us. I speak restoration and healing over any area of our marriage that is broken in Jesus Name. I declare wholeness over every area of our marriage.
- I know you hear this prayer for my marriage. All we want to do is have our relationship bring You glory Father. Thank You for answering this prayer! In Jesus Name I pray, amen.
- Father, every day it is our desire to rise in love for one another. Your kind of love Lord. The kind of love that the Bible talks about. Each of us loving one another unconditionally. Each of us loving the other whether they love us back or not.
- Please help us to forgive and forget. Help us to let go and let You heal and restore. When we offend each other, since no one is perfect, please give us abundant grace to move past that hindrance in the Name of Jesus. Please help us to maintain so much forgiveness like You have poured out towards us.
- Lord, we want grace to abound in our relationship. We want mercy to overflow and fill every part of our marriage. I ask You to please use our marriage as an example of how good it can be! Thank You for greater love in our marriage! Praise You Father! In Jesus Name I pray, amen.
- Dear Heavenly Father, our marriage is a gift from above, and we depend on you for its continuing success. Help us never to forget to put you first in our lives. We ask that you bless our marriage richly. Allow us to have a marriage that is full of love and joy, but also one that is strong and deep and able to withstand sorrows and tragedies. Help us to always keep our marriage as one of the most important parts of our life. Bless and protect our marriage oh Lord and grant us many years together. Amen.

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- Father, I bow my knees to You and thank You for marriage. I thank You for this wonderful opportunity to spend my life with the one I love. I give You all the glory and honor that we have come this far. I want to share with You what I have on my heart. I desire that my marriage become even stronger as my spouse, and I bond together more tightly than before. I do not want anything to come between us. Lord, please help to stand united as one before You. We can never attain this stronger bond with Your help. Holy Spirit please turn up the light in the darkness and show us any area in our marriage where we left the door open for the enemy to slip. I want to close all doors to him for good. I want our marriage to rise to new levels of love and respect. I want to grow stronger together than ever before in Jesus Name! I rest in knowing that You hear this prayer. I know that You are already at work, and I give you the glory in advance. I look forward to sharing the testimony of all that You will help us accomplish together. Thank You in advance Lord! In the Name of Jesus I pray, amen!
- Thank you from the bottom of my heart for the blessing of marriage. I am so glad you gave me such a wonderful husband whom I treasure so deeply. Please help me to never take him for granted and continue to love him to the best of my abilities. Help me to love him as you love us. God, please bless our marriage in abundance. Help us to be a reflection of your love for us and help us always to seek you first in our marriage. Help us to grow stronger in love each and every day, and to always prioritize our marriage. Help us each to be selfless spouses who seek to bless and give to one another. And help us do all this to your glory Lord. Amen.
- Father, we pray that you work in our hearts to make us the best individuals that we can be. Help us to find our sense of happiness and fulfillment so that we can bring that light into our marriage and to our spouse. We want to come together in our marriage as two happy and healthy people so that we can give each other our best. Amen.

Prayer for Children

- Lord God, we praise you that you are fully in control of all things. I pray you would protect my child. Keep them healthy and help them to thrive. I thank you that you know every hair on their head. You know exactly when they rise and when they fall. Watch over my child in every area of their life and keep them safe I pray, Amen.
- Heavenly Father, I thank you that all good gifts come from you. I thank you that I can trust you for the future of my family. Please guide my child in every step they take. I pray they would know your provision and protection. Make steady their steps I pray. Amen
- God, I thank you for the gift of knowledge! I praise you that you provide us with brains to think and question the world around us. I pray you would help my child learn well and flourish. May they discover their unique talents and giftings. Give them a passion for the world around them. Amen
- Father God, I thank you that you made us to be in relationship with others. I pray for my child to know great care and support from those around them. May they be encouraged by friends at school, college, or university. May they show your love and care to their friendship circle. Amen
- We love You so much, Lord! We surrender fully to You and pray that Your love will guide us today and every day. May we simply be conduits of Your love to the children in our care. Amen
- "Watch carefully the children around you. In precious moments you will catch a glimpse of your Saviour's face. Listen intently and you will hear his voice. Walk gently among them; his footprints are all around you. Embrace them, for you are embracing him. Respect them because they are sometimes God's agents exactly the kind of instruments he needs. At such times, only a child will do."
- Because you have made the Lord your dwelling place the Highest who is my refuge
 — no evil shall be allowed to befall you, no plague will come near your tent. For he will
 command his angels, concerning you to guard you in all your ways. On their hands, they
 will bear you up, lest you strike your foot against a stone. You will tread on the lion and
 the adder, the young lion, and the serpent you'll trample underfoot. Because he holds fast
 to me in love, I will deliver him, I will protect him because he knows my name. When he
 calls me, I will answer him, I will be with him in trouble, I'll rescue him and honor him.
 With long life, I will satisfy him and show him my salvation" (Psalm 91:9-16).

• Father God, may my child's feet bring Your truth to the world they live in. May their feet go to the needy, go to the orphan, and go to the neglected. May they seek to give, and not receive. I ask that You show them the blessing of serving others. Let them have hearts that are open to helping their communities. Help them to know that they are never too young to use their feet to go places to serve You. In Jeremiah 29:11, you say, "For I know the plans I have for you declares the Lord's plans for welfare and not for evil to give you a future and a hope." May You use my child today for Your glory, and not their own. Almighty God, help me to be prepared to hold them with loose hands, however You may choose to lead them, even if it is across the nations one day on the mission field. They are Yours, Lord.

Prayers for Work

- Father, thank you for all the ways you have blessed me, specifically with this job that pays my bills and puts food on my table. Thank you that ALL work has significance because work is good. Help me bring you glory today, through my actions, my words, through the good work I do to bring order to my little corner of the world. Help me view my work as a blessing and not a curse. Give me grace and strength for the hardest aspects of my job. In Jesus' Name, I pray, Amen.
- Dear God, you know my needs. You know my desire for a job, for work I enjoy doing, for the next step in my career to present itself. I pray that you would guide me as I continue on this job-hunting journey. May I focus first on your will for my life, putting your desires and your plan above my own wishes and wants. Open doors to new opportunities that you desire for me, and equip me with the skills, knowledge, and wisdom I need to take steps forward in this process. As I craft my resume, write cover letters, submit my applications, connect with new companies and potential employers, and go on interviews, give me the words to speak, and the courage to share who I am and what I can do. Give me confidence that can only come from you and give me humility too. I trust you, Lord-- my life is in your hands. Your will be done. Thank you for being near to me every step of the way and thank you for always providing for my every need. May this all be for your glory. In your name, Amen.
- Lord God, I pray for Your physical and spiritual protection in the workplace, where our influence, our priorities, and our character are tested daily. Help us to remember that every foolish action reaps consequences, and every careless word carries weight among our coworkers. Others are watching, Lord, so set a watch before our mouths and guard the door of our lips. Protect us from those who try to sway our convictions or tempt us to compromise our standards in the name of success. Place an invisible banner over us that reminds us of Your protective love and that we belong to You.

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- Almighty God, thank Thee for the job of this day. May we find gladness in all its toil and difficulty, its pleasure and success, and even in its failure and sorrow. We would look always away from ourselves, and behold the glory and the need of the world that we may have the will and the strength to bring the gift of gladness to others; that with them we stand to bear the burden and heat of the day and offer Thee the praise of work well done. Amen.
- Dear Heavenly Father, As I enter my workplace today, I invite you to join me so that everyone here will sense your presence. I give you this day and ask you to work through me by the power of the Spirit. May I convey your peace, just as I am aware of your comforting proximity at all times. Fill me with your grace, mercy, and power to serve you and others in this place. Lord Jesus, I want you to be glorified in my life and in this place of business. I pray you will be Lord over everything that is said and done here. God, I thank you for the numerous blessings and gifts you have given me. May I bring honor to your name and spread joy to others. Holy Spirit, help me to depend on you wholly today. Renew my strength. Fill me with physical and spiritual energy so that I will be the best employee I can be. Give me eyes of faith to see from a heavenly perspective as I do my job. Lord, guide me with your wisdom. Help me to work through every challenge and conflict. Let me be a beacon for you and a blessing to my coworkers. My prayer is to be a living witness of the Christ. In the name of Jesus, Amen.
- Dear God, I commit this work day to you. Thank you for this job, my employers, and co-workers. I invite you, Jesus, to be with me today. May I perform each task with diligence, patience, and to the best of my ability. May I serve with integrity and speak with clarity. May I understand my role and purpose as I contribute worthily. Help me to handle each challenge with wisdom. Lord, please work in me and through me today.Amen.
- Almighty God, whose hands hold all matters of life, give me grace of success in the work that I do. Help me to give it the careful thought and the strict attention that will lead to success. Watch over me and govern my actions, that I may not mar its perfection. Show me how to give my best and let me not despise the toil that is necessary to complete it. Make my life a successful one, in that every duty you give to me, I do it well. Give me the blessing of your help and guidance and suffer me not to fail. In Jesus' name, Amen.

Prayers for Sadness and Depression

- Heavenly Father, I ask you to be merciful and to hear my prayer. My spouse lives with terrible depression, and I do not know what I can do to help. I feel inadequate and powerless in the face of their depression. The way my spouse feels any day is unpredictable, and I do not know how to help. I pray that you will help me find the resources that I need to support my spouse during painful times and to be their rock of refuge. In Christ's name, I pray. Amen.
- God, I feel heavy with depression. It feels like I am dragged down by the wait of my sadness. I know that you never give us a burden we cannot bear, so help me hear what the depression has to teach me. In your mercy, guide me to a person, resources or a place that can help support me. I feel such sadness that I do not want to be around any other people or do anything I once enjoyed. Like the prophet Jeremiah, I find myself question my own value and existence. Is this life even worth living? I pray that you will send the Holy Spirit to comfort me whenever I feel unlovable, lonely, or undesirable. Amen.
- Lord, it seems like the world is collapsing around me. I feel like I am falling into a deep, dark pit. All I can do is come to you and surrender my spirit. I feel helpless and afraid. I am desperate for you to take me out of this pit and show me your way. If it is your will, uplift me from this depression and help me to find refuge. Amen.
- Heavenly Father, I ask that you lead me to the right resources for help. I know that you see everything and understand what I am going through. In the Gospels, Jesus went through similar emotional agony. He was lonely, filled with sorrow and full of grief. It is said he cried in prayer (Hebrews 5:7-9) and that he went into isolation after the death of John (Matthew 14:13). You know what anguish and sadness feels like. Help me to bear my pain and find the resources to help me through it. Amen.
- Heavenly Father, I ask that you strengthen my heart. When I am alone, remind me that you are always at my side. When I feel overwhelmed by the troubles and struggles of life, help me to find recourse in you. Help me to support others when they are in a time of crisis. I pray that you give me the strength each morning to wake up and struggle against the burdens that weight my heart down. You are my refuge and my fortress, so I turn to you for my strength. Please stay with me during this time. Amen.
- Holy Father, we ask that you guide and protect all of your children who suffer from depression and sadness. Send your love throughout the people so that they may support your children during the darkest hours. Guide the pastors, therapists, family, and friends so that they may find the right way to help. We pray that all of your children will see the hope of your word and be led to everlasting life. Amen.

Prayer for Wisdom

- Dear God, I know that You can open doors that no man can ever shut. It is not always easy for me to see and sense the direction I need to take. And so today, I trust and ask You to lead me to open doors of opportunity that you have prepared for me. Help me make sense of the options that lay before me and help me see and make the right choices today. Amen.
- Mighty God, you can do all things and no plan of Yours can ever be restrained. You direct the lives of Your children, and You purposefully plan every circumstance. Grant me, Lord, the wisdom to understand the difficulties along my path and allow me to feel and see Your comforting hand in the midst of these troubles. Bless me with a faith that gives me the confidence to face difficulties unfazed, knowing that Your plans are always perfect. Amen.
- Lord, you are all-wise, the source of all true wisdom. With Your supreme wisdom, you have planned my life and the course I have to take. Lead me, Lord, to the way I have to go through and direct me to the path you have prepared for me. Help me Lord to make the right decisions and allow me to experience Your power and love in my life that I may, with a sound mind, shun away the fears that confusion brings. Amen.
- Father, you have granted me grace and mercy beyond what I deserve. You alone are worthy of my offering and my worship. Help me Lord to live a life that is pleasing to You and that aligns with your perfect plan for my life. Give me the wisdom to determine the wrong influences that will take me down the wrong path and help me avoid them. You know what is best for me so nurture in me the desire and diligence to seek Your will. Amen.
- Almighty Father, you faithfully provide wisdom and understanding whenever I need help and direction. Help me remember the countless times You have poured blessings upon me. Comfort me with thoughts of your faithful loving care that I may rid my mind and heart of doubts and anxieties. Help me find wisdom in Your faithful promises. Let them encourage me as I seek and follow Your direction and completely focus on the life You desire for me to have. Amen.

Prayer for Protection

- Dear Father, I seek Your protection from the wickedness of the evil one. You are the Almighty God, and his power does not stand a chance to the might You yield. I come to Your refuge with joy for You shelter me against the attack of the devil. Protect me, O Lord, from the craftiness of the enemy, and save me from his evil plots. Cover me with Your presence when I feel weak so that he will flee from my presence. Amen.
- Faithful Father, there are violent people out there who are eager to do physical harm without any respect for human life. You are our Savior from those who wish to do us harm. You are our Protector from the violent hands of the wicked. As we go about our day today, steer us away from the places where evil people lie in wait. Keep us out of reach from their harmful intentions and cradle us in the safety of Your loving hands. Amen.
- Father in heaven, May Your Spirit guide my every decision today. Lead me with Your wisdom and allow me to see things as they really are so that I do not fall victim to people's deception. Keep me safe from harm from wicked people who try to cheat me. Spare me from the con artists who do not care who they defraud and how much damage they cause. Give me the discernment to recognize and avoid their schemes and their evil intentions. Amen.
- Father in heaven, May Your Spirit guide my every decision today. Lead me with Your wisdom and allow me to see things as they really are so that I do not fall victim to people's deception. Keep me safe from harm from wicked people who try to cheat me. Spare me from the con artists who do not care who they defraud and how much damage they cause. Give me the discernment to recognize and avoid their schemes and their evil intentions. Amen.
- Almighty Father, we ask for Your protection against criminals. Please keep us safe from people who might target us or break into our home, planning to steal from us and threaten us with bodily harm. Shield us from these wicked individuals, O Lord, and muddle up their plans, that they may not be able to further steal from others or do harm to others. Comfort us with Your guiding hand and let us find confidence in Your ever-present help. Amen.
- Father, you warned us that we will suffer just as You did. That because of our faith and principles, we will be insulted, persecuted, and falsely accused of various wicked things. Keep us, O Lord, from dishonouring Your name by fighting back against such abuses. Constantly remind us how You received far worse persecution than any we have experienced. Surround us with Your love and empowerment, so that we will be able to respond honourably. Give us the strength to bless our persecutors, knowing You have already blessed us. Amen.

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- Lord Jesus, let your supernatural power fill this place. Send your warring angels to fight on my behalf. Keep me safe from every manner of trap that the enemy has set before me. Strengthen my faith that I may keep on standing in your word, which is the truth. Give me supernatural strength to keep going even when I am weak. Make me bold like a lion so that I can fight all spiritual battles in my life. In Jesus' name, I believe and pray, Amen.
- Father, in the name of Jesus Christ, I come today into your throne of grace because I am in need. Lord, so many things are happening that are causing us to live in fear. The enemy is attacking our finances, our health, and our jobs. My children have become a headache for my husband and me. Lord, we know that we do not war against flesh and blood but principalities and powers. I know that it is the devil that is behind all that is happening in our family. Strengthen me to fight this battle. I plead the blood of Jesus over my children, our finances, health, and jobs. Lord, be a hedge of protection around the family. Help us to walk in your ways so that we do not give room for the devil to break in and torment us. Satan, and your cohorts of demons, I command you to leave our family alone in the name of Jesus, amen.
- Mighty Warrior, you are my hiding place. You will protect me from trouble and surround me with songs of deliverance. Thank You for cleansing me so that I may be delivered and protected by You. Thank You for being my refuge and strength, an ever-present help in trouble. I look to You in my times of trouble because I know that there is no greater protector, there is also no one who stands undefeated like You Jehovah-Nissi. Father, you reign in victory! Amen. Psalm 32:7 & Psalm 46:1
- Holy Father, I pray for Your divine protection; let it be evident in every area of my life. I declare that no weapon formed against me will prosper and I will refute every tongue that accuses me. This is the heritage of being Your servant, and this is my vindication from You. Thank You in advance for ensuring that I will not be harmed by the adversary who prowls around like a roaring lion seeking whom he may kill or destroy. Amen. Isaiah 54:17 & 1 Peter 5:8

• Eternal God, I magnify Your Name because You are my Awesome Defender, and You are the Undefeated Victor! Your word tells me that You will fight for me; I need only to be still. How amazing it is that You allow me to be still in times of battle? How wonderful it is that You allow me to take a seat whilst You go before me and allow me to receive the victory here on earth! Amen. Exodus 14:14

Prayers for Spiritual Warfare

- Heavenly Father, I praise you with all my heart. You are my shield, I take refuge in you all days of my life, and I am safe. Even though the enemy comes like a flood, Lord, you have set a standard over my life, and I always remain victorious. I call to you, Lord, for you are worthy of all praise, and I am saved. In my distress I call unto you for I know this battle is not mine, it is yours. Reach from on high and draw me out of all my troubles. Thunder from heaven, shoot your arrows and rout my enemies. Help me to walk in victory. In Jesus' name, I believe and pray, Amen
- Lord, thank you for dying on the cross for me. It is because of your great sacrifice that I am set free from the control of the enemy. Though I am broken and shattered on the inside, I stand firm in that completion that you have given me, and I declare and decree that nothing will take me down. I choose to walk in victory, for you have planted me on solid ground. The devil has nothing on me, for I am bought at a price. I will accomplish the purposes that God has for me. In Jesus' name, Amen.
- Father, this season is hard for me. Sometimes I feel like giving up because my enemies seem stronger than me. But your word says that greater is he that is in me than he that is in the world. Nothing is too complicated for you. When the storm seems so fierce, remind me how great you are my God. When the enemy fills my mind with fearful thoughts, remind me that he is just a created being. Fill me with strength, that I may stand and walk in victory. Let hope to fill my heart so that I can rise and stand firm in your promises. In Jesus' name, I pray, Amen.
- Glorious God, life is becoming unbearable. My enemies are gloating over me. Heavenly Father do not let me be ashamed. Arise from your throne and destroy all the enemies of my soul. Arm me with strength and help me to walk in the perfection that comes from Christ. I stand firm in the shield of victory that you have given me. By the authority that you have given me, I command my enemies to turn back in flight. I declare confusion in their camp, in Jesus' name. I praise you for you are the God that avenges me. In Jesus' name, I believe and pray, Amen.

- Lord Jesus, you have brought me out of darkness into light. You have given me life more abundantly. You came to set the captives free, and therefore I declare and decree that every chain in my life is broken. I am free from the lies of the enemy. The kingdom of darkness has no power over me. Devil, though you plot evil against me and devise wicked schemes, you will not succeed for Jesus has triumphed over you by disarming and making you a public spectacle at the cross. I am walking in victory from today onwards. In Jesus' name, I pray, Amen.
- Oh God, you have done great things in my life, and you continue doing things that I never imagined. I honor you highly and exalt your holy name. Father, I need a miracle right now in my life. All odds seem to be against me. Please intervene, now, my God! You say that it is not by might, nor by power, but by your Spirit. That is why I ask you, Holy Spirit, to take charge of my life and give me miraculous breakthroughs in my finances, my relationship, and in my career. It is in Jesus' name, I believe and pray, Amen.
- Holy Spirit of God, fill this place with the peace that surpasses all understanding. Remove everything that may bring chaos and instability in this home. Let your power drive away every demonic force that is trying to bring chaos in this place right now, in the name of Jesus. Turn around every situation and cause us to live in harmony and tranquility. Give our enemies over to plunder and cause us to walk in victory. In Jesus' name, I believe and pray, Amen

Prayers for Peace

- Lord, I come before you ready to pour out my worries, anxieties, and fears at Your feet. I am claiming and declaring Your promises for blessings of peace and strength over my life. Bring a peace into my soul that passes all worldly understanding and make me a light for others to see Your strength.
- We are moulded, each one of us, in the image of God, and within our souls there is a fingerprint none can erase. We pray for those who have no regard for anyone but self, who put no value on human life. For nations and individuals who abuse and kill. We are not called to be judge or jury, but we are called to be agents of change, and if the butterfly that flaps its wings should be our attitude to others then so be it, Lord, and may the hurricane this generates somewhere within the world reach into the hearts and souls of those for whom we pray, and reveal to them how precious are those for whom they have no love, and how precious are they who now bring tears to the eyes of God.

- Almighty God, we bless you for our lives, we give you praise for your abundant mercy and grace we receive. We thank you for your faithfulness even though we are not that faithful to you. Lord Jesus, we ask you to give us all around peace in our mind, body, soul, and spirit. We want you to heal and remove everything that is causing stress, grief, and sorrow in our lives.
- Lord, I come before you ready to pour out my worries, anxieties, and fears at Your feet. I am claiming and declaring Your promises for blessings of peace and strength over my life. Bring peace into my soul that passes all worldly understanding and make me a light for others to see Your strength.
- Father, I want to live a life of obedience to You. Make me an instrument of Your peace. Teach me to love even my enemies. Give me the strength to wage peace when what I really want to do is wage war. Today, I choose to surrender my stubborn will to You. I lay down my emotional weapons and choose peace. Be glorified in my relationships, Father. In Jesus' name, Amen.
- Prince of Peace, I find myself unable to cope with life sometimes. Instead of feeling grateful, I feel bogged down by the responsibilities of all that You have given me. I want to live out Your love, but I find myself consumed with frustration, jealousy, or worry. I want to grow closer to You, but in practice, I am too tired or bored or busy. Circumstances will rarely be ideal; I know that. But I also know that the only thing that makes life worthwhile is living it with You. Show me how to pray when things are not perfect. Show me how to put aside all of the weights and sins and emotions that tangle me up. And demonstrate to me, daily, the reality that if I spend time with You, things will be better. I will be better. Amen.
- Lord, we are hurting. The pain feels too great. The uncertainty over the future can easily fill our minds with fear and bring huge burdens to our hearts. Please take our pain away so we can sleep peacefully in your care. We thank you that you are close and that you are always with us. We pray for your healing and your huge grace to encircle us as never before. We ask for your angels of protection and comfort to surround us in the night. Thank you that you are our Redeemer, and you will never waste our pain. Amen
- Lord, thank you for your promise and gift of peace. Thank you that YOU are my PEACE my perfect Prince of Peace who died on my behalf so that I could live in

peace, because you have conquered the king of fear. You have trampled the enemy under your feet. Help me not to be afraid when trouble comes my way. Help me trust and rest in you at all times, regardless of what my feelings try to convince me to think. I joyfully receive your peace. In Jesus' Name, Amen.

- Dear Jesus, you are the Prince of Peace. You came to give us your peace. It is nothing like the world gives. It is peace born in the freedom we have in you, a gift to all God's children—to guard our hearts and minds. I cannot escape the troubles of this world. I may face financial difficulties, relationship breakdowns, a health crisis—so many scary challenges. But you tell me to "take heart," to be encouraged because you have overcome the world. You have overcome all the things that would discourage and defeat us. I am grateful for your peace that is beyond all my circumstances.
- Father in Heaven, I come before you today with my mind swirling with different thoughts and feelings. I have a hard decision make and I just do not know what to do. I feel helpless and confused. I am worried about the consequences to my decision. I worry about the impact my decision will have not only on myself but on others as well. To be honest, I fear making the wrong decision.
- Father God, my heart is filled with chaos and confusion. I feel as if I am drowning in my circumstances and my heart is filled with fear and confusion. I really need the strength and peace that only You can give. Right now, I choose to rest in You. In Jesus' name, Amen. ~ Mary Southerland
- Lord, when my heart is overwhelmed, overwhelm me with Your peace. Lead me to You, my rock. Guide me to Your Word which gives me strength and refuge. Help me not to run to lesser things. Draw me to run to You first. Help me get into the habit of taking my "overwhelmed" and placing it under your will. Thank You, Lord. In Jesus' Name, Amen. ~ Jennifer Rothschild
- Dear God, our world is hurting and broken. We pray for those who have lost loved ones this week, please comfort them in their grief and loss, cover them with your peace and presence, as only your Spirit can do. We know that in whatever we face, you are our Peace and Refuge, a very present help in times of trouble. Thank you that you remind us throughout your Word, we do not face the storms alone, but you are always with us. Whispering calm. Speaking peace. Bringing rest to our souls.
- We confess our need for you. We ask you to forgive us for trying to figure everything out on our own, for not trusting that you are more than able and powerful to work on our behalf. Forgive us for picking back up what we already determined to lay down at your feet. Give us the ability to trust you more, give us a heart that finds rest in your

presence, give us the wisdom to seek peace and pursue it, remembering it is only to be found in you alone.

- Thank you that your yoke is easy, and your burden is light. Thank you that you care for us. Thank you that the peace of your loving and strong presence guards and protects our hearts and minds in you. Thank you that we do not have to walk in fear or live in overwhelmed cycles of worry and stress. Thank you for your voice that breaks through the greatest wind and storm swirling around us, and whispers "Peace, be still." Thank you that you sent your One and Only Son to set us free. In the Mighty Name of Jesus, Amen.
- Dear Lord, I need your unshakable peace! Please forgive me for placing my trust and hope in things of this earth. Lead my soul to find rest in You and in Your perfect plan for my life. In Jesus' Name, Amen.
- Lord, when my heart is overwhelmed, overwhelm me with Your peace. Lead me to You, my rock. Guide me to Your Word which gives me strength and refuge. Help me not to run to lesser things. Draw me to run to You first. Help me get into the habit of taking my "overwhelmed" and placing it under your will. Thank You, Lord. In Jesus' Name, Amen.

Prayers to overcome Anger

- 1 Sovereign Lord, bring peace to my mind and my heart as I feel angry at the situation, I am in. May I take hold of your promise that you will never leave me nor forsake me. In whatever circumstances I face that produce anger in my heart, remind me that you have not left my side and you never will. When you are with me, I can trust you to fight my battles, I do not need to allow anger to take control. Give me your peace Father, may it rule over my life. Through Jesus Christ, our Lord, Amen.
- Almighty and All-Powerful Father, help me feel calm when I become angry. When pressure and conflict make me feel surrounded, remind me that I am surrounded by your presence. When you are with me, I have no need to lash out in anger. Please remove my anger towards other people and replace it with trust in your provision and care. May confidence in your love replace any anger about my circumstances. When I feel angry due to unmet expectations, remind me that satisfaction can be found only in you. May the love of the Father, the grace of the Son and the power of the Holy Spirit be with me today. Through Jesus Christ, our Lord, Amen
- Faithful God, you made me, and you love me. You said that I should not let the sun go down on my anger. As I reach the end of this day, I ask you to replace my anger

with a calm mind. Remove my frustration and fill me with faith in you. Help me to bring everything in my life before you. When I am uncertain, help me look to you. Instruct me and teach me, Lord, in the way that I should go and the paths that I should take. Through Jesus Christ, our Lord, Amen.

- Compassionate Father, you are the God of all peace and love. Help me turn from anger and irritation and pursue peace and harmony. The Bible says that words are powerful, and I pray that I would speak words of peace instead of anger. May I use my words to build up rather than tear down. When I am under pressure, help me to remain compassionate and gentle. Protect me from sin when I feel angry. Lord, bless me and keep me, make your face shine upon me. Turn your face towards me and give me peace. Through Jesus Christ, our Lord, Amen
- Everlasting God, your peace surpasses all my understanding. When anger rises within me, please calm my mind, and soothe my heart with your gentle words. Fill my whole life with your perfect peace. May my personality be shaped by your peace rather than my frustration. With your Holy Spirit in my life, I can overcome anger. May I reflect your character, being slow to anger and rich in steadfast love. Look upon me and cause your face to shine upon me. Through Jesus Christ, our Lord, Amen.

Prayers about Temptation

- Please, Lord, give me the wisdom to walk away when I am tempted, and the clarity to see the way out that you will provide. Thank you, Lord, that you are a faithful deliverer and that I can count on your help in my time of need. Thank you for being here for me.
- Abba, Father, holy and sovereign Lord God, Your Word states, "the grace of God has appeared, bringing salvation for all people, training us to renounce ungodliness." By Your grace, Father, empower me to reject sin. Fill me with Your Spirit and remind me that I am a new creation in Christ. Although I once walked in sin and darkness, by the salvation I now possess, I no longer am bound to walk in those former ways. To You, who gives the power to be witnesses in our lives, and by Your Son's name, I pray. Amen.
- Father God, you freely give wisdom to those who come to You. When faced with temptation, I am often confused and foolish, and through my immaturity, I make the situation worse. Give me the wisdom to avoid compromising situations. You tell me to watch and pray so that I will not fall into temptation. I need You to open my eyes so I both watch and then actually see what

may be hidden. Give me clarity of thought so I recognize sinful dangers in time to escape them. Help me glorify Your Son in everything I do in my life. In Jesus' name, I pray. Amen.

- Father God, I do not deserve Your mercy or grace. I am not worthy to gather the • crumbs from under Your table, but I thank You that I have been redeemed by the blood of the Lamb and in Jesus name, am able to approach Your throne for the grace and strength I need to keep me from falling, so that I may walk in Your ways and live godly in Christ Jesus. Lord, I desire to be faithful, but I have yielded to temptation on so many occasions and though I have tried so hard to live up to my own standards and resolution, each time I have failed and fallen short. Lord, I know that I have tried to resist in my own strength, and I confess that I cannot do this by myself anymore. I pray that You would teach me to draw my strength from Your fathomless resources rather than to rely on my own limited supply. Teach me to trust my life into Your hands completely and to submit to the leading of the Holy Spirit in my life, so that I may walk in spirit and truth. Teach me what it really means in Your Word when it says, "without me you can do nothing," so that I may learn the truth that "I can do all things through Christ Jesus, who gives me the strength." I ask this in Jesus' name, Amen.
- God, the troubles are many. The trials are great. The temptations are strong. But I remember there is no temptation that comes to man that is unique or has never come to another. We are taught that Jesus suffered all temptations that are common to man and yet, "In Him was no sin neither was guile found in His mouth. "Lord my God, keep me pure within so that I may live a clean, pure life that will not disgrace You and will bring me the greatest benefit. I believe, O God, that peace of mind is attainable. I believe peace of mind to be Your will for all people. Help me to seek and find Your peace, O God. Amen
- Dear Lord Jesus, I ask for Your strength and help to resist ungodly temptations and not to give in, knowing that to do is not to glorify You and does me nothing but emotional and spiritual harm. Help me to take every tempting thought captive and hand it over to You before it takes a hold of me and does harm to me or to other people. Help me in my weakness to know You as my strength and help me in my foolishness to know You as my wisdom. Help me I pray, to resist all forms of temptation and give me the strength to say no and walk away from temptation, especially when there are others involved, who directly or indirectly, willingly, or unknowingly. are encouraging my downfall. And deliver me Lord I pray, from habits that are entrapping and enslaving me in actions that are detrimental to my spiritual health and walk. Replace the thoughts that tempt and tease me with those that turn my focus on Jesus and help me in all things and learn to say, "Thy will not mine be done." In Jesus' name I pray, Amen.