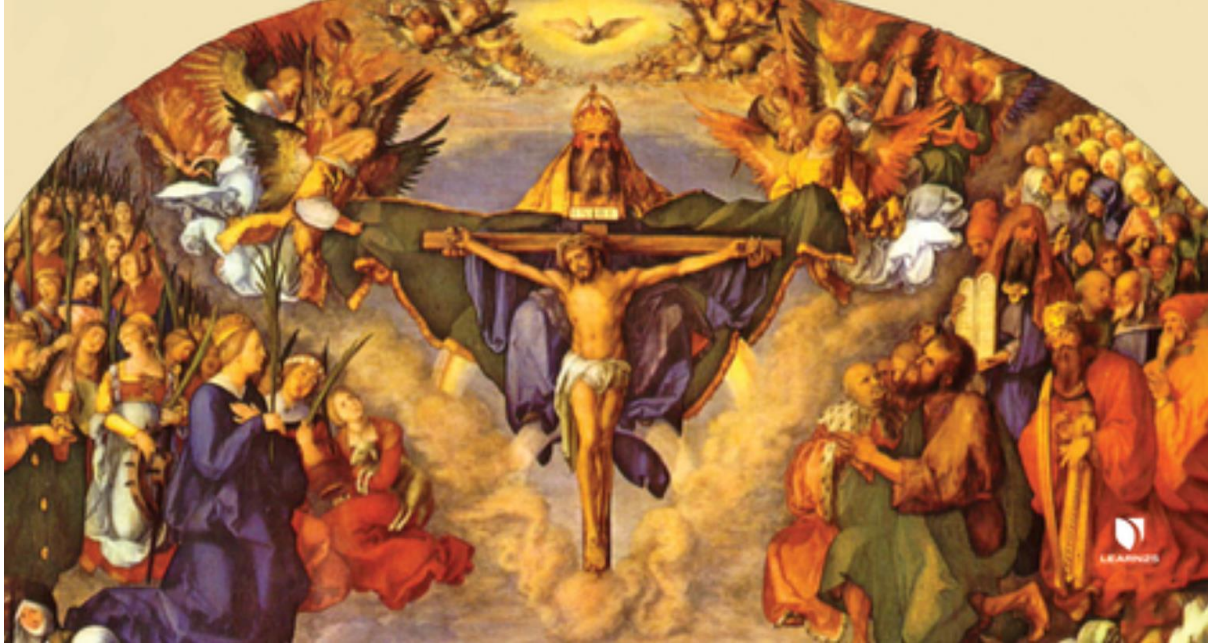


## Lessons from the Saints



Churches of God 2021

### **1. Saint Therese of the child Jesus**

Surrendered to God with childlike simplicity and faith. She offered private sacrifices and prayers to God for sinners and wanted to work for God in heaven once her life was over. She reminds us of the value of simplicity.

### **2. Saint Francis of Assisi**

When you leave this earth, you can take with you nothing that you have received -only what you have given: a full heart enriched by honest service, love, sacrifice and courage.

### **3. Saint Maria Goretti**

**1. Forgiveness:** Maria forgave the man who attacked her and showed him compassion. Her forgiveness serves as a powerful reminder of the importance of extending mercy and compassion to others, even in difficult circumstances.

**2. Purity:** Maria's commitment to living a virtuous life and maintaining her purity serves as an inspiration to all of us to strive for moral excellence in our own lives.

**3. Faith:** Maria's deep faith in God sustained her throughout her short life. She reminds us of the

importance of relying on our faith to guide us through difficult times. Maria's life was selfless.

**4. Love for others:** She cared for her younger siblings and helped her mother with household chores, demonstrating the importance of putting the needs of others before our own.

#### **4. Saint Anthony of Padua**

- 1. Courage:** to face the ups and downs. He embraced each moment of his life as an opportunity to deepen his relationship with God, and in every unexpected thing life presented, he responded with love.
- 2. Selfless:** Through his submission to the Lord, Anthony became a vessel to save thousands of people as a missionary for Christ. When we submit to Christ's plan for our lives and shift our focus to him, we will live a fulfilled life.

#### **5. Saint Padre Pio**

- 1. Pray, hope, don't worry. Worry is useless. God is merciful and will hear your prayers.**
- 2. Prayer is essential**

#### **6. Saint Clair of Assisi**

- 1. "We become what we love and who we love shapes what we become. If we love things, we become a thing. If we love nothing, we become nothing."**

**2. Do not let false delights of a deceptive world deceive you: “Our Labor here is brief, but the reward is eternal. Do not be disturbed by the clamor of the world, which passes like a shadow. Do not let false delights of a deceptive world deceive you.”**

**3. Love God, serve God, everything is in that.**

**4. Her understood that bitterness, hatred, enmity, and greed moved men to war, she understood that this worldly way of life was like a sharpened sword that one day pierced the heart of Jesus.**

**4. cling to the sacraments, scripture, and prayer when you face trials.**

## **7. Saint Augustine:**

- 1. happiness and peace cannot be found outside of God.**
- 2. Resentment is like drinking poison and waiting for the other person to die.**
- 3. Truth is like a lion; you don't need to defend it. Let it loose, it will defend itself.**
- 4. Patience is the companion of wisdom.**
- 5. In order to discover the character of people we have only to observe what they love.**

## **8. Saint Spyridon**

**1. Combine work with prayer.** Labor encourages and is supported by prayer, and prayer leads to Labor and is driven by it.

**2. Avoid idleness:** Laziness is contrary to God's commandments. human heart can never be idle, but it is always busy with some thoughts. Therefore, the enemy of the soul, the devil, easily approaches the idle heart, which is not occupied with any useful Labor, as a home of idleness, and fills it with evil thoughts, which are like harmful tares, and teaches it to put them into action. Therefore, idleness gives rise to a lot of iniquity: drunkenness; evil conversations, gossip, mockery, thefts, robberies, and perjury; card games and tricks that go hand-in-hand with them, depravity, quarrels, fights and other iniquities. Idleness teaches one to steal, lie, flatter, deceive, because the idle person, not having anything to eat, rushes to steal someone else's Labor, either explicitly, or covertly, or fraudulently. Thus "idleness is a source of a lot of wickedness".

## **9. Saint Teresa of Avila**

- 1. Without humility in prayer, connection to God is impossible.**
- 2. Saint Teresa emphasizes the importance of detaching oneself from a wide range of things, everything from sins and vices to earthly possessions.**
- 3. Let nothing disturb you, let nothing frighten you, all things will pass away. God never changes; patience obtains all things, whoever has God lacks nothing. God alone suffices.**

**ChurchesofGod2021**

**@churchesofGod2021**