# Inspirational Saints Quotes



@Church of God 2021

"Pain and suffering have come into your life, but remember pain, sorrow, and suffering are but the kiss of Jesus — a sign that you have come so close to Him that He can kiss you."

- "Spread love everywhere you go. Let no one ever come to you without leaving happier."
- "If you can't feed a hundred people, then feed just one."
- Be careful of all that can block that personal contact with the living Jesus. The Devil may try to use the hurts of life, and sometimes our own mistakes—to make you feel it is impossible that Jesus really loves you, is really cleaving to you. This is a danger for all of us. And so sad, because it is completely opposite of what Jesus is really wanting, waiting to tell you. Not only that He loves you, but even more—He longs for you. He misses you when you don't come close. He thirsts for you. He loves you always, even when you don't feel worthy. When not accepted by others, even by yourself sometimes—He is the one who always accepts you.
- Jesus wants me to tell you again how much love He has for each one of you beyond all you can imagine. I worry some of you still have not really met Jesus—one to one—you and Jesus alone.



Mother Theresa of Calcutta Aug 26,1910 - Sep 05,1997

- We may spend time in chapel—but have you seen with the eyes of your soul how He looks at you with love? Do you really know the living Jesus—not from books but from being with Him in your heart? Have you heard the loving words He speaks to you?
- Ask for the grace; He is longing to give it. Until you can hear Jesus in the silence of your own heart, you will not be able to hear Him saying "I thirst" in the hearts of the poor. Never give up this daily intimate contact with Jesus as the real living person—not just the idea. How can we last even one day without hearing Jesus say "I love you"—impossible. Our soul needs that as much as the body needs to breathe the air. If not, prayer is dead meditation, only thinking. Jesus wants you each to hear Him—speaking in the silence of your heart.
- My children, you don't have to be different for Jesus to love you. Only believe—you are precious to Him. Bring all you are suffering to His feet only open your heart to be loved by Him as you are. He will do the rest.
- You all know in your mind that Jesus loves you—but in this letter Mother wants to touch your heart
  instead. Jesus wants to stir up our hearts, so not to lose our early love. That is why I ask you to read this
  letter before the Blessed Sacrament, the same place it was written, so Jesus Himself can speak to you
  each one.
- "I thirst" is something much deeper than Jesus just saying, "I love you." Until you know deep inside that Jesus thirsts for you—you can't begin to know who He wants to be for you. Or who He wants you to be for him.

- "Without the burden of afflictions, it is impossible to reach the height of grace. The gift of grace increases as the struggle increases."
- "Know that the greatest service that man can offer to God is to help convert souls."



St. Rose of Lima Apr 20, 1586 - Aug 24, 1617

- A humble soul does not trust itself, but places all its confidence in God."
- "A single act of pure love pleases me more than a thousand imperfect prayers."
- He who knows how to forgive prepares for himself many graces from God. As often as I look upon the cross, so often will I forgive with all my heart.
- Suffering is a great grace; through suffering the soul becomes like the savior; n suffering love becomes crystallized; the greater the suffering, the purer the love.'
- "And the Lord said to me, 'My child, you please Me most by suffering. In your physical as well as your mental sufferings, my daughter, do not seek sympathy from creatures. I want the fragrance of your suffering to be pure and unadulterated. I want you to detach yourself, not only from creatures, but also from yourself... The more you will come to love suffering, my daughter, the purer your love for Me will be."



St. Faustina Aug 25, 1905 - Oct 05, 1938

- "The world offers you comfort, but you were not made for comfort. You were made for greatness."
- The ultimate goal of fasting is to help each one of us to make a complete gift of self to God."



Pope Benedict XVI Apr 16, 1927

- "The Eucharist is the secret of my day. It gives strength and meaning to all my activities of service to the Church and to the world."
- "To the prospect of the Kingdom of God is linked hope in that glory which has its beginning in the Cross of Christ. The Resurrection revealed this glory eschatological glory. Those who share in the sufferings of Christ are also called, through their own sufferings, to share in glory"



Pope John Paul II May 18, 1920 - Apr 02, 2005

- "Nothing great is ever achieved without enduring much."
- "The devil fears hearts on fire with love of God."
- "Start being brave about everything. Drive out darkness and spread light. look at your weaknesses. Realize instead that in Christ crucified you can do everything."
- "Everything that has being comes from God. Nothing, therefore, that happens to us—trouble or temptation or injury or torment or slander or anything else that could possibly happen to us—can or will disturb us. Rather, we are content and hold these things in reverence, reflecting that they come from God and are given to us as good favors, not out of hatred but out of love."



St Catherine of Siena March 25, 1347

- "The saints did not all begin well, but they ended well."
- We do not have to talk very much in order to pray well. We know that God is there in his holy tabernacle; let us open our hearts to him; let us rejoice in his presence: This is the best prayer.
- My little children, reflect on these words: the Christian treasure is not on earth but in heaven. Our thoughts, then, ought to be directed to where our treasure is. This is the glorious duty of man, TO PRAY AND TO LOVE

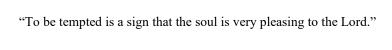


St John Vianney May 08, 1786 - Aug 04, 1859

"Hold your eyes on God and leave the doing to Him. That is all the doing you have to worry about."  $\,$ 



St. Jane Frances de Chanta Jan 28, 1572 - Dec 13, 1641





St. Padre Pio of Pietrelcina May 25, 1887 - Sep 23, 1968

"It isn't good to let our thoughts disturb us or worry us at all."



St. Teresa of Ávila Mar 28, 1515 - Oct 04, 1582

"Never be afraid of loving the Blessed Virgin too much. You can never love her more than Jesus did."



St. Maximilian Kolbe Jan 08, 1894 - Aug 14, 1941

"If God sends you many sufferings it is a sign that He has great plans for you, and certainly wants to make you a saint."



St. Ignatius of Loyola Oct 23, 1491 - Jul 31, 1556

<sup>&</sup>quot;He who possesses God lacks nothing: God alone suffices."

"Those who pray and suffer, leaving action for others, will not shine here on earth; but what a radiant crown they will wear in the kingdom of life! Blessed be the 'apostolate of suffering'!"



St. Josemaría Escrivá Jan 09, 1902 - Jun 26, 1975

When I shrink from suffering, Jesus reproves me and tells me that He did not refuse to suffer. Then I say 'Jesus, Your will and not mine'. At last, I am convinced that only God can make me happy, and in Him I have placed all my hope..."



St. Gemma Galgani Mar 12, 1878 - Apr 11, 1903

- Trials and tribulations offer us a chance to make reparation for our past faults and sins. On such occasions the Lord comes to us like a physician to heal the wounds left by our sins. Tribulation is the divine medicine."
- "Fasting cleanses, the soul, raises the mind, subjects one's flesh to the spirit, renders the heart contrite and humble, scatters the clouds of concupiscence, quenches the fire of lust, and kindles the true light of chastity. Enter again into yourself."
- If God seems slow in responding, it is because He is preparing a better gift. He will not deny us. God withholds what you are not yet ready for. He wants you to have a lively desire for His greatest gifts. All of which is to say, pray always and do not lose heart.
- What does love to look like? It has the hands to help others. It has the feet to hasten to the poor and needy. It has eyes to see misery and want. It has the ears to hear the sighs and sorrows of men. That is what love looks like.
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- Let us understand that God is a physician, and that suffering is a medicine for salvation, not a punishment for damnation.



St. Augustine of Hippo 354 AD - 430 AD

• "Nothing, how little so ever it be, if it is suffered for God's sake, can pass without merit in the sight of God."



Thomas à Kempis 1380 - Jul 25, 1471

- "Do you fast? Give me proof of it by your works. If you see a poor man, take pity on him.
- If you see a friend being honored, do not envy him. Do not let only your mouth fast, but also the eye, and the ear, and the feet, and the hands, and all the members of our bodies."



St. John Chrysostom 347 AD - 407 AD

• In dangers, in doubts, in difficulties, think of Mary, call upon Mary. Let not her name depart from your lips, never suffer it to leave your heart. And that you may obtain the assistance of her prayer, neglect not to walk in her footsteps. With her for guide, you shall never go astray; while invoking her, you shall never lose heart; so long as she is in your mind, you are safe from deception; while she holds your hand, you cannot fall; under her protection you have nothing to fear; if she walks before you, you shall not grow weary; if she shows you favor, you shall reach the goal.



• How good and pleasant it is to dwell in the Heart of Jesus! Who is there who does not love a Heart so wounded? Who can refuse a return of love to a Heart so loving?

St. Bernard of Clairvaux 1090 - Aug 20, 1153 • "In her voyage across the ocean of this world, the Church is like a great ship being pounded by the waves of life's different stresses. Our duty is not to abandon ship but to keep her on her course."



Saint Boniface 675 AD - 754 AD

- To serve the poor is to go to God. You must see God in the faces of the poor.
- Extend mercy towards others, so that there can be no one in need whom you meet without helping. For what hope is there for us if God should withdraw his mercy from us?



St Vincent de Paul Apr 24, 1581 - Sep 27, 1660

• Nothing is so strong as gentelness; nothing is so entle as real strength.' 'Never miss an opportunity to do good.'



St Francis de sales Aug 21, 1567 - Dec 28, 1622

• The proof of love is in the works. Where love exists, it works great things. But when it ceases to act, it ceases to exist.'



St Gregory the Great 540 540 AD - 604 AD

• No one heals himself by wounding another.



St Ambrose of Milan 340 AD - 397 AD

• "Do you want our Lord to give you many graces? Visit him often. Do you want him to give you few graces? Visit him seldom. Visits to the Blessed Sacrament are powerful and indispensable means of overcoming the attacks of the devil. Make frequent visits to Jesus in the Blessed Sacrament and the devil will be powerless against you."



St John Bosco Aug 16, 1815 - Jan 31, 1888

• God is more pleased by one work, however small, done secretly, without desire that it be known, than a thousand done with the desire that people know of them. Those who work for God with purest love not only care nothing about whether others see their works, but do not even seek that God himself know of them. Such persons would not cease to render God the same services, with the same joy and purity of love, even if God were never to know of these.



St. John of the Cross Jun 24, 1542 - Dec 14, 1591

• "Christians must lean on the Cross of Christ just as travellers lean on a staff when they begin a long journey. They must have the Passion of Christ deeply embedded in their minds and hearts, because only from it can they derive peace, grace, and truth."



St. Anthony of Padua Aug 15, 1195 - Jun 13, 1231

• Arm yourself with prayer rather than a sword; wear humility rather than fine clothes.'



St Dominic Aug 08, 1170 - Aug 06, 1221

• We must pray without tiring, for the salvation of mankind does not depend on material success; nor on sciences that cloud the intellect. Neither does it depend on arms and human industries, bur on Jesus alone.'



St Frances Xavier Cabrini ul 15, 1850 - Dec 22, 1917

- A tree is known by its fruit, a man by his deeds. A good deed is never lost; he who sows courtesy reaps friendships, and he who plants kindness gathers love.
- I know many who fast, pray, sigh, and demonstrate every manner of piety, so long as it costs them nothing, yet would not part with a penny to help those in distress.
- Words are truly the image of the soul.
- When I go into the house of one of these tasteless newly rich individuals, and see it bedecked with every imaginable hue, I know that this person possesses nothing more valuable that what is on display; such people decorate inanimate objects but fail to beautify the soul.
- You showed no mercy; it will not be shown to you. You opened not your house; you will be exalted from the kingdom. You gave not your bread; you will not receive the eternal life.



Saint Basil 330 AD - 379